

Sexualisation, Development and Safeguarding Children and Young People



Background

Would you like to encourage and support young people to make positive choices about relationships? Enable them to feel confident and happy in making their own decisions about sexual activity? Enable them to feel confident and comfortable seeking advice, support and contraception? This one-day training course will enable professionals to develop their knowledge and confidence to support young people in making healthy choices with regard to their sexuality and sexual activity. Training includes discussions, group work and activities that can be used with young people.

Learning Outcomes

All participants will have the opportunity to:

- Describe their own values in relation to children, young people and sexual development
- Understand the causes and effects of early sex
- Practice a range of practical ways of working with young people to help them make positive and healthy decisions for themselves
- Consider the concept of 'readiness' for young people and to introduce a decision-making resource for them to use in assessing this

You can **book your place** using our [online booking form](#). Details of course fees and our cancellation policy can be viewed [here](#).

Level 2

Facilitator

Amanda Jones, RSCP Training Manager

CLASSROOM (full day)

Monday 24/03/25

Committee Room 2, [Redbridge Town Hall](#)

09:45 Registration

10:00 Start

16:00 Finish

